



## Food Assistance

### Pantries

The pantries in Knox County are offered at a variety of locations at various times during any week. Some are store locations while others are offered through churches.

[Get Healthy Knox County](#)



## Mount Vernon

### Adventists Caring Through Sharing (ACTS)

- 474 Wooster Road, Mount Vernon
- Thursdays, 12:00 p.m. - 2:45 p.m., closed 5th Thursday
- 740-397-1065  
(Eligible once a month).

### Church on the Rise

- 7512 Newark Road, Mount Vernon
  - Third Saturday each month
  - 740-397-9022
- Must pick up ticket with return time 8:30 a.m.

### Apostolic Christian Church

- 1635 Old Delaware Road, Mount Vernon
- First Thursday, 12:00 p.m. - 3:00 p.m.
- 740-393-1676  
(Eligible once a month)

### Interchurch

- 306 West Gambier Street, Mount Vernon
- Weekdays, 10:00-11:30 a.m. and 1:00-3:30 p.m.
- 740-397-2407  
(Eligible once a month)

### Central Christian Church of Mount Vernon

- 17833 Gambier Road, Mount Vernon
- Third Saturday, 8:00 a.m. -10:00 a.m.
- 740-397-1840

### The Father's Pantry

(First Church of the Nazarene)

- 723 Coshocton Avenue, Mount Vernon
- Third Saturday 9:00 – 11:00 a.m.
- 740-392-8466

# The Salvation Army

- 206 East Ohio Avenue, Mount Vernon
- Monday & Wednesday, 9:00 a.m. - 3:00 p.m.
- Friday, 9:00 a.m. - 12:00 p.m.
- 740-392-8716

## Greater Knox County

### Centerburg Church of God

- 4697 South Columbus Road, Centerburg
- Third Sunday, 10 a.m. - 3:00 p.m.
- 740-625-6294

### Danville Interchurch

- 304 1/2 South Market Street, Danville - Rear
- Monday - Thursday 10:00 a.m. - 3:00 p.m.
- 740-599-5673

### Centerburg Interchurch

- 40 North Clayton Street, Centerburg
- Tuesday-Friday 9:00 a.m. - 2:00 p.m.
- 740-625-5940

### Centerburg Church of God

- 4697 South Columbus Road, Centerburg
- Third Sunday, 10 a.m. - 3:00 p.m.
- 740-625-6294

### Fredericktown Interchurch

- 69 North Main Street, Fredericktown
- Monday -Friday 10:00 a.m. - 4:00 p.m.
- 740-694-8110

### Jacque Cordle's Children's Fund

- 12 West Main Street, Centerburg
- For Centerburg School District families only
- 419-560-5991

### InJoy Food Pantry

- 166 East Liberty Street, Martinsburg
- 3rd Saturday 12:00 p.m. - 2:00 p.m.
- 740-507-7266

## Center of Hope

Center of Hope (COH) provides fresh and healthy foods to individuals and families in rural Ohio, including to households located in Knox and surrounding Counties. The Bladensburg Center of Hope location has a free food market where customers can shop for fresh and healthy foods. Center of Hope has mobile locations throughout the county so they can be convenient for anyone. Additional food programs are available to seniors who qualify. All customers must pre-register and meet income guidelines to receive food. COH provides a chaplain service, if needed, and a Care Team can assist with other needs or make referrals to other community services.

[web](#)

[email](#)

[phone](#)



## Take What You Need

Knox County is blessed to have a couple "take what you need" organizations. They are extremely valuable for persons and families who need a meal to get by until the end of the month. School-age children especially appreciate this type of help.

### Lil' Pantry

- 11 Sychar Road, Mount Vernon
- For anyone needing a boost, 24-7
- Donations appreciated
- Facebook: [Lil' Pantry of Mount Vernon](#)

### The Shepherd's House

- 102 West Ohio Avenue, Mount Vernon
- Not food related but offers warm clothing: coats, boots, hats, scarves and gloves
- Take What You Need, Leave What You Can
- Monday & Wednesday, 9:00 a.m. - 3:00 p.m.
- Friday, 9:00 a.m. - 12:00 p.m.
- Facebook: [The Shepherd's House](#)

United Way of Knox County Ohio, Inc. | 305 East High Street, Mount Vernon, OH 43050

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